

# Addendum F - RSAYS Short-handed Safety Protocol

## 1. INTRODUCTION

- 1.1 This safety protocol applies for races conducted by either the RSAYS or CYCSA to boats competing as 'short-handed' racing minimum of 2 persons for Category 6 races or 3 persons for Category 3 – Multihull racing. Boats shall meet all safety requirements detailed in the Year Book Sailing Instructions (SIs) applicable to the race. Requirements of this document are in addition to those stated in the SIs.
- 1.2 Skippers wishing to participate under this document protocol shall contact the Racing Coordinator in writing and be audited and pass a demonstration of compliance inspection by a Safety Officer before being permitted to compete in racing.
- 1.3 Permission will only granted for the current season of racing and made in writing. A boat may be audited at any time, and if found to be non-compliant will be scored DNC without a hearing from the race applicable or directly prior to the inspection.

## 2. SAFETY REQUIREMENTS

- 2.1 Competitors shall wear PFDs at all times.
- 2.2 Boats shall rig jackstays in accordance with YASR 4.03.1 for all short-handed racing.
- 2.3 Marine radio:
- 2.3.1 Boats racing in Category 6 races shall carry VHF marine transceiver. This transceiver is not required to be permanently installed but shall be capable of a rated output of 5W. This changes YASR 3.25.2 and 3.25.3 and are in addition to these rules. It is strongly recommended that boats whilst racing are capable of hearing and operating a VHF marine transceiver from the helm position.
- 2.3.2 Boats racing in short-handed Category 3 races shall in addition

to YASR 3.25 be capable of hearing and operating a VHF transceiver from the helm position.

- 2.3.3 Boats shall monitor continuously the appropriate Radio Channels.
- 2.4 The engine carried for the race category as per YASR shall be ready for immediate use.
- 2.5 An orange smoke and /or red flare shall be carried on deck ready for immediate use. Igniting this flare may be used to indicate a Man Overboard.
- 2.6 A lifebuoy or Dan-buoy shall be capable of being deployed from the helm position.
- 2.7 A heaving line in accordance with YASR 4.23.1 shall be carried on deck ready for use.
- 2.8 YASR 3.12.5 for Category 6 races is mandatory.
- 2.9 For Category 3 - Multihulls – all crew on board shall have a current SSSC or Sea Safety Day Certificate.
- 2.10 For Category 3 – Multihulls, crew shall be able to set a GPS waypoint from the helm position in the event of MOB. This may be set manually or automatically by a short range radio system.
- 2.11 The Racing Committee reserves the right to audit a boat and revoke any permission granted for non-compliance to these instructions.

## 3. SKIPPER'S CHECKLIST

The following is a checklist as an aid for skippers in briefing short-handed crew members.

Procedures	✓
Starting and Stopping the engine	
Use of VHF Radio - emergency radio procedures	
Operation of MOB equipment - MOB recovery	
Lifebuoy and Dan-buoy deployment	
Use of the heaving line	
Operation of GPS MOB recovery	
Shorten sail single handed	
Operation of auto-pilot if fitted	
Operation and location of flares	
Operation of bilge pumps	
Operation and location of fire extinguishers	
Equipment Location	
First Aid Kit	
Emergency Tools - bolt croppers, hacksaw, cockpit knife, etc	
Emergency steering	
Gas valve	
Fuel valve	
Anchor	
EPIRB	
Torches	