

***Sailing Coaching Series
10 & 11 September 2016***



The RSAYS Sailing Coaching Series is on again. It is good starting point to join our club racing and a great to experience sailing with the assistance of regular sailors at the club.

Cost: \$90

Registration closes Friday 26th August 2016

The series runs on Saturday 10th & Sunday 11th September from 10:00am to 4:00pm

The following levels of sailing skills will be:

- Novice:** for newcomers to gain basic skills, have an introduction to sailing/racing
Intermediate: Limited experience for furthering basic skills with little spinnaker/no spinnaker experience
Advanced: improve sailing/racing skills including Spinnakers.

This is a great chance to meet members & skippers to join in our sailing season as a regular crew member.

We sail regularly on Saturday afternoons and Wednesday evening from 6pm, followed by dinner on the quarterdeck. We also have a Sunday ladies racing series and Friday Sternchaser series that run during the season.

Please see attached:

- A registration form for you to complete

You will become a member of the Royal South Australian Yacht Squadron for the duration of the course. You will be covered under the Yachting Australia Insurance, included in the fee.

If you have a question or like more information, please contact the RSAYS office on 8341 8600 or email sailing@rsays.com.au

**Sailing Coaching Series
10 & 11 September 2016**



Registration Form

Participant's Name _____

Address _____

DOB _____

Tel (day time) _____ Mobile _____

Email _____

PLEASE SUBSCRIBE MY EMAIL TO RSAYS NEWSLETTER MAILING LIST.

I rate my sailing experience as the following (please circle):-

- 1) **Novice** – newcomer to gain basic skills and an introduction to sailing & racing
- 2) **Intermediate** – Limited experience, furthering the basic skills with/without spinnaker work
- 3) **Advanced** – improve sailing & racing skills including spinnakers

To help us match you, please circle if of interested in any of the following:

Twilight sailing	Introduction to sailing	Further Skills	Cruising
Meet New people	Saturday Racing	Ladies Racing	Other _____

Medical:

Do you suffer from any illness or disability? Yes / No _____

Do you suffer from any allergy or are you allergic to any medication? Yes / No

Please Specify _____

In case of emergency, please contact: Name _____

Phone _____

Cost: \$90
Registration closes Friday 26th August 2016

Payment Options (please tick)

Cash Cheque (payable to Royal SA Yacht Squadron) Visa / MasterCard

Name on Card.....

Card No _____ / _____ / _____ / _____

Expiry Date ___ / ___

Signed..... Dated..... OFFICE USE: Member No.....

Please return form to:

Post : Royal SA Yacht Squadron, PO Box 1066, North Haven SA 5018

Email : rsays@rsays.com.au

Fax : 8248 4933

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